



Please take the time to read the Informed Consent and sign the Risk Consent prior to taking class. This form is required of all patrons participating in yoga classes and services at Power Nectar Yoga.

Nectar Yoga Studios
Power Nectar Yoga
COVID-19 RISK INFORMED CONSENT

I understand that the novel coronavirus, COVID-19, has been a worldwide pandemic by the World Health Organization (WHO). I further understand that the COVID-19 is contagious and is believed to be spread person-to-person. As a result, Federal and State Agencies have recommended physical distancing. I recognize that Nectar Yoga Studios/Power Nectar Yoga and the staff are closely monitoring this situation and have put into place reasonable measures aimed to reduce the spread of COVID-19. However, given the nature of the virus, I understand there is inherent risk of becoming infected by COVID-19. I hereby acknowledge and assume the risk of becoming infected with COVID-19, and I am still willing to participate in group yoga classes and services. I give my express permission for all the staff of Nectar Yoga Studios/Power Nectar Yoga to proceed with the same.

I understand that, even if I, or fellow patrons or staff, have been tested for COVID-19 and received a negative test result, the test in some cases may fail to detect the virus or I, or fellow patrons or staff, may have contracted the virus after the test. I understand that the COVID-19 virus can render myself, or fellow practicing yoga patrons or staff, asymptomatic (without symptoms) and that the virus can still be spread by asymptomatic carriers.

I understand that exposure to the COVID-19 virus before, during, or after yoga class or services may lead to: a positive diagnosis, quarantine or self-isolation, additional tests, a visit to an emergency room, hospitalization, medical therapy, ventilator support, intubation, and other potential complications to include death. I understand that COVID-19 may cause additional risks, some or many which not currently be know at this time.

I understand that I am voluntarily and willingly participating in yoga classes and services in the Nectar Yoga Studios at/with Power Nectar Yoga. I understand that while Nectar Yoga Studios have enforced regulations to limit the spread of contracting COVID-19, that the risk is always there. I understand that I am responsible for providing my own mask and am responsible for wearing it at all times in the business with the only exception being when on my yoga mat, placed clearly in an assigned yoga mat parking spot, whilst practicing. I am responsible for washing my hands for 20 seconds with soap and water before knowingly making contact with any person or workspace. I understand all the potential risks, including by not limited to the potential short-term and long-term complications related to COVID-19 and I would like to voluntarily proceed with participating in yoga classes and services.

Upon check-in at the Nectar Yoga Studios, patrons will be asked, every time, about their health status and are verbally required to confirm that:

In the last 48-72 hours:

I have not been within 6 feet of a person with a confirmed case of COVID-19 in the past 14 days.

I have not had a fever of 100.5F (38C) or above or possible fever symptoms.

I have not developed a cough, do not have trouble breathing, nor am experiencing wheezing/shortness of breath.

I have not experienced chills, shivering, cold sweats, muscle aches, or diarrhea.

I have not developed a new loss of taste or smell.

I have not travelled outside the country, been in a high risk COVID-19 location, nor been on a cruise within the past 14 days.

By signing this consent, you attest that you will answer these questions (verbally and/or written), each time, every time in the business, entirely true.

This tool is not meant to take the place of a consult with your healthcare provider or to diagnose or treat any conditions. For current COVID-10 updates, check with local public health agencies and visit the CDC website at cdc.gov.

Risk and Policy Consent

*Items with a * are required.*

By signing your name below, you agree to the COVID-19 Risk Informed Consent; please write legibly. You are also acknowledging you must follow protocols & wear a mask while at Power Nectar Yoga.

Due to reduced class size capacities and increased demand, we have implemented a 4-hour class cancellation policy. By initialing and signing below, you understand and confirm that, you will (1) forfeit the class on a single class purchase or on class pack booking or (2) be charged a late cancel fee on your credit card on file if on a membership or on a new student special, if you reserve a spot and fail to cancel according to policy. *For example, you must cancel no later than 8am for a 12pm class or else you will forfeit the class / be charged a late cancel fee. If you simply "no show" for an existing reservation, the same policy will be enforced. INITIAL HERE** _____

Printed First Name* and Last Name*

Email Address*

Phone Number*

Signature * and Date *

*Signature of Witness/Date _____